

What is Tularemia?

A disease that can infect animals and people. It is also called “rabbit fever” or “deer fly fever”.

Steps to Prevent Tularemia

- 1 Drink treated water only.
- 2 When outdoors wear clothing that covers as much skin as possible. Use bug spray with DEET.
- 3 Wear gloves when handling animals. Wash your hands after handling animals, even if you wore gloves.
- 4 Cook meat to safe temperatures and always wash surfaces and utensils after preparing food.
- 5 Check yourself and your pets for ticks after being outside.

If you believe you were exposed to tularemia, ask a health care provider if you should take antibiotics.

For more information,
scan the QR code.

